

Nutrition Facts

1 servings per container

Serving size 100 g

Amount per serving

Calories

170

% Daily Value*

Total Fat 7g **10%**

Saturated Fat 1.9g **10%**

Trans fat 0g

Sodium 51mg **2%**

Cholesterol 38mg **13%**

Total Carbohydrate 0g **0%**

Dietry Fibre 0g **0%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 25g

Vitamin D 7mcg **35%**

Calcium 0mg **0%**

Iron 0.2mg **1%**

Potassium 125 mg **4%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice