

Nutrition Facts

1 servings per container

Serving size 100 g

Amount per serving

Calories

200

% Daily Value*

Total Fat 15g **20%**

Saturated Fat 3g **15%**

Trans fat 0g

Sodium 55mg **2%**

Cholesterol 50mg **17%**

Total Carbohydrate 0g **0%**

Dietry Fibre 0g **0%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 13g

Vitamin D 0mcg 0%

Calcium 40mg 3%

Iron 1.25mg 7%

Potassium 350 mg 10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice