## **Nutrition Facts** 1 servings per container

Serving size 1 pattie (113 g)

Amount per serving Calories

Total Fat 9g Saturated Fat 1.5g

Trans fat 0.1g Sodium 460mg

Cholesterol 50mg

Total Carbohydrate 4g Dietry Fibre 1g

Total Sugars 2g

Includes 0g Added Sugars Protein 20g

Vitamin D 0mcg

Calcium 20mg

Iron 0.75mg

general nutrition advice

of food contributes to a daily diet. 2,000 calories a day is used for

The % Daily Value (DV) tells you how much a nutrient in a serving

Potassium 350 mg

180

% Daily Value\*

12%

8%

20%

17%

1%

4%

4%

0%

4%

10%