

Nutrition Facts Servings: 1, **Serv. size: 1 can (70g),**

Amount per serving: **Calories 110**, **Total Fat** 3g (4% DV), **Sat. Fat** 0.5g (3% DV), **Trans Fat** 0g, **Cholest.** 65mg (22% DV), **Sodium** 370mg (16% DV), **Total Carb.** 4g (1% DV), **Fiber** 0g (0% DV), **Total Sugars** 1g (Incl. 0g Added Sugars, 1% DV), **Protein** 16g, **Vit. D** (0% DV), **Calcium** (2% DV), **Iron** (11% DV), **Potas.** (5% DV). %DV = %Daily Value.