

Nutrition Facts Servings: 3, **Serv. size: 1/4 cup (55 g),**

Amount per serving: **Calories 140**, **Total Fat** 13g (17% DV), **Sat. Fat** 7g (35% DV), **Trans Fat** 0g, **Cholest.** 90mg (30% DV), **Sodium** 120mg (5% DV), **Total Carb.** 1g (0% DV), **Fiber** 0g (0% DV), **Total Sugars** 0g (Incl. 0g Added Sugars, 0% DV), **Protein** 5g, **Vit. D** (10% DV), **Calcium** (2% DV), **Iron** (2% DV), **Potas.** (3% DV). %DV = %Daily Value.